

(Approved by AICTE New Delhi, D.T.E. Mumbai and D-BATU Lonere/MSBTE Mumbai)

Sr. No. 31, Thakurki, Tal. Phaltan, Dist. Satara Pin 415 523

E-mail : pes.coeprincipal2011@gmail.com / coeprincipal@yahoo.co.in

Website : www.coe-phaltan.edu.in

Hon. Shreemant Sanjivraje Naik Nimbalkar
Secretary, P. E. S.

Prof. Dr. M.V. Dalvi
Principal

****Implementation of Drug-Free Campus under
Nasha Mukht Bharat Abhiyan (NMBA)**
(As per Addendum 2026-27 Essential Requirements)**

1. Introduction

The **Nasha Mukht Bharat Abhiyan (NMBA)** is a national flagship programme of the Government of India aimed at preventing substance abuse and promoting a drug-free society, especially among youth. Higher educational institutions play a crucial role in sensitizing students and creating awareness regarding the harmful effects of drugs, alcohol, and tobacco.

In accordance with the **Addendum 2026-27 Essential Requirements**, **Phaltan Education Society's College of Engineering, Phaltan (PES COEP)** has implemented a comprehensive **Drug-Free Campus Initiative** through its **National Service Scheme (NSS) Unit**, ensuring a safe, healthy, and disciplined academic environment.

2. Name of the Institution

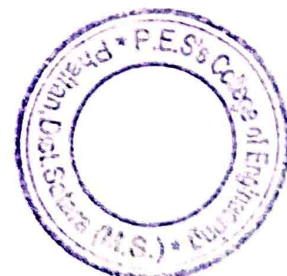
Phaltan Education Society's

College of Engineering, Phaltan (PES COEP)

District: Satara, Maharashtra

3. Implementing Body

- **National Service Scheme (NSS) Unit**
- In collaboration with:
 - Internal Quality Assurance Cell (IQAC)
 - Anti-Ragging Committee
 - Student Welfare Committee
 - Health & Wellness Cell
 - Discipline Committee



- To create awareness about the harmful physical, mental, and social effects of substance abuse
 - To promote a **drug-free, safe, and disciplined campus**
 - To encourage **healthy lifestyle choices and mental well-being**
 - To empower students as **Nasha Mukht Ambassadors**
 - To align institutional practices with **NMBA and Addendum 2026–27 requirements**
 - To contribute towards the national mission of a **Nasha-free India**
-

5. Institutional Policy and Commitment

- The institute has adopted a **Drug-Free Campus Policy**
 - **Zero tolerance policy** towards possession, use, or distribution of drugs
 - Mandatory **student undertaking** at the time of admission
 - Display of **“Drug-Free Campus” boards** and awareness messages
 - NMBA activities integrated into the **annual NSS action plan**
 - Continuous support from institutional leadership and administration
-

6. Institutional Preparedness and Preventive Measures

- Regular monitoring of:
 - Campus premises
 - Hostels
 - Entry and exit points
 - Prohibition of:
 - Tobacco
 - Alcohol
 - Narcotic substances
 - Surprise inspections during festivals, events, and gatherings
 - Display of **helpline numbers and legal warnings**
 - Coordination among NSS, discipline committee, and security staff
-

7. Awareness and Sensitization Activities

7.1 Awareness Programmes

- Guest lectures by:
 - Medical professionals
 - Psychologists
 - Law enforcement officials
- Topics covered:
 - Health hazards of drug addiction
 - Psychological impact of substance abuse
 - Legal consequences under NDPS Act

- Role of youth in prevention
-

7.2 Campaigns and Observances

- Administration of **Nasha Mukht Bharat Pledge**
 - Observation of **International Day Against Drug Abuse and Illicit Trafficking (26 June)**
 - Poster making, slogan writing, and essay competitions
 - Display of awareness posters across campus
 - Distribution of pamphlets and informative material
-

8. Student Participation and Capacity Building

- Active involvement of **NSS volunteers**
 - Formation of **Nasha Mukht Student Ambassadors**
 - Peer-to-peer awareness programmes
 - Orientation sessions for **first-year students**
 - Development of leadership, responsibility, and ethical values
 - Encouragement to report issues **confidentially**
-

9. Integration with Academic and Co-Curricular Activities

- NMBA themes included in:
 - NSS orientation programmes
 - Induction programmes
 - Short awareness talks during:
 - College assemblies
 - Departmental events
 - Debates, discussions, and essay writing activities
 - Promotion of value-based education and social responsibility
-

10. Mental Health and Well-Being Initiatives

- Emphasis on:
 - Stress management
 - Emotional resilience
 - Positive coping mechanisms
- Awareness regarding:
 - Exam stress
 - Peer pressure
 - Mental health challenges
- Promotion of:
 - Yoga and meditation
 - Sports and physical fitness

- Healthy recreational activities

11. Counseling and Support Mechanism

- Availability of:
 - Mentoring support
 - Counseling guidance
- Confidential handling of sensitive issues
- Referral system to:
 - Medical professionals
 - Psychological counselors (if required)
- Supportive environment encouraging help-seeking behavior

12. Community Outreach and Extension Activities

- Awareness campaigns in:
 - Nearby villages adopted by NSS
- Activities conducted:
 - Village awareness drives
- Collaboration with:
 - Local health centers
 - NGOs and community leaders
- Sensitization of youth beyond campus

13. Legal Awareness

- Awareness about:
 - NDPS Act, 1985
 - Legal consequences of drug possession and trafficking
- Sessions on:
 - Rights and responsibilities of students
 - Citizen participation in drug prevention
- Interaction with law enforcement authorities whenever feasible

14. Outcomes and Impact

- Increased awareness among students
 - Positive behavioural and attitudinal changes
 - Improved discipline and campus safety
 - Enhanced student engagement in social causes
 - Development of responsible and health-conscious engineers
 -
-

15. Sustainability and Best Practice


- Continuation of NMBA activities every academic year
 - Integration with extension and outreach programmes
 - Regular review and improvement based on feedback
 - Recognition of Drug-Free Campus initiative as an **institutional best practice**
 - NSS Unit acting as a bridge between institution and society
-

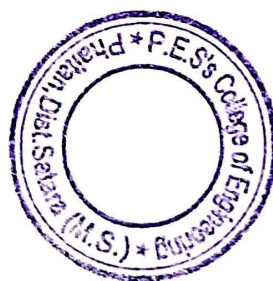
16. Alignment with Addendum 2026–27 Essential Requirements


- ✓ Drug-Free Campus Policy
 - ✓ Preventive and awareness measures
 - ✓ Student participation and leadership
 - ✓ Counseling and support system
 - ✓ Community engagement
 - ✓ Proper documentation and monitoring
-

18. Conclusion

The NSS Unit of PES College of Engineering, Phaltan is firmly committed to supporting the **Nasha Mukht Bharat Abhiyan** by implementing a structured and sustainable **Drug-Free Campus Initiative**. Through awareness programmes, student involvement, mental health support, and community outreach, the institute actively contributes towards creating a **healthy, disciplined, and Nasha-free academic environment**, in line with national priorities and Addendum 2026–27 requirements.


Prof. S. D. Patole
NSS Programme Officer
PES COEP, Phaltan




Prof. Dr. M. V. Dalvi
Principal
PES COEP, Phaltan